



Emergency Preparedness Kit Checklist and Communication Plan

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Emergency Preparedness Kit	
Flashlight and extra batteries	Hand crank radio
Whistle	Dust mask
Multi-tool	Cash
Local map and compass	Permanent marker, pen, paper
Prescription medications	Extra prescription glasses
Personal hygiene items	Duct tape
Hand shovel	Tarp
Hammer	Pliers
Screwdriver	Lighters
Candles	Matches in waterproof container
Can opener	Rope
Cell phone charger	Sunscreen
Heavy gloves	Large trash bags
Bleach	Baby wipes
Rain poncho	Hand sanitizer
Cooking utensils	Glow sticks
Mirror	Knife
Scissors	Socks
Medical Supplies	Food and Water
Gauze pads	Water – 1 gallon per person X 3 days
Alcohol swabs	Food – 2000 calories per person X 3 days
Petroleum jelly	Water purification system
Bandaids	Vehicle Breakdown Kit
Medical tape	In addition to your 72 hour kit
Medical gloves	Small shovel
Tweezers	Tools
Surgical mask	Ice scraper
Burn gel	Tow strap
Antibiotic ointment	Jumper cables
Aspirin	Go Bag
Pepto-Bismol	Sleeping bag
Elastic Bandage	Change of clothes
Antiseptic	Shoes
Benadryl ointment	Personal hygiene items
Pets	Cold weather items
Food	• Jacket
Water	• Gloves
Medications	• Hat
Leash	• Boots



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Family Communication Plan

A disaster can challenge cell phone service locally. Family members should all know each other's phone numbers including the number of an out-of-state contact.

Out of state contact:

Name _____

Phone _____

Address _____

Parent:

Phone _____

Work

Business _____

Phone _____

Address _____

Parent:

Phone _____

Work

Business _____

Phone _____

Address _____

Child:

Phone _____

School

Phone _____

Address _____

Child:

Phone _____

School

Phone _____

Address _____

Child:

Phone _____

School

Phone _____

Address _____

Other _____

Other _____

Other _____

Other _____