

## Family Plan



Knowing that your family and loved ones are safe is a priority. To do this we recommend the following tips:

- Discuss your family plan in case you need to use it
- Have an out-of-state contact in case local telephone lines are down
- Designate a local meeting spot
- Make a mental note of where each family member's location at specific times during the day
- Keep the information current
- If your employer requires you to stay at work during a disaster, have a predetermined person check on your family and make contact with you or the out of state contact

For Additional Information  
See Web Sites Listed Below

[www.clackamasfire.com](http://www.clackamasfire.com)  
[www.clackamas.us/emergency/](http://www.clackamas.us/emergency/)  
[www.oregon.gov/omd/oem](http://www.oregon.gov/omd/oem)  
[www.ready.gov](http://www.ready.gov)  
[www.earthquake.usgs.gov/prepare/](http://www.earthquake.usgs.gov/prepare/)  
[www.redcross.org/prepare](http://www.redcross.org/prepare)



Get emergency notifications sent to your home phone, cell phone and email.

It takes only minutes to register go to <http://clackamas.us/emergency/ccens.jsp>

We are available free of charge to provide an emergency preparedness presentation to your club, church group, neighborhood association, etc...

Please contact:

**Gregg Ramirez**

**Emergency Manager**

(503) 742-2660

[GREGG.RAMIREZ@CLACKAMASFIRE.COM](mailto:GREGG.RAMIREZ@CLACKAMASFIRE.COM)

## PREPARE NOW

# FAMILY GUIDE TO EMERGENCY PREPAREDNESS



CLACKAMAS FIRE DISTRICT #1

For Emergency  
Services Dial

# 911

# DISASTERS TO PREPARE FOR

## EMERGENCY PREPAREDNESS KITS HOME, VEHICLE AND WORK

### Severe Weather



- Prepare for extended power outages
- Plan for extra food and water needs
- Have a plan for pets/livestock
- Plan for heating needs
- Drive only if essential
- Monitor local news/radio channels for emergency information
- During freezing conditions, protect pipes and leave a faucet dripping

### Earthquake



#### Prepare

- Create a plan
- Prepare disaster kits
- Secure and strengthen your home

#### Survive

- Drop, cover, and hold on

#### Recover

- Check for injuries
- Check for building damage
- Check for utility damage

### Utility Shutoffs



#### Know the location of the following

- Main electrical shut off
- Main water valve shut off
- Gas valves (natural or propane)
- Location of water and gas wrenches

Note: Only shut off gas if you suspect a leak

### Floods



- Clear storm drains of leaves
- Sandbag in advance if needed
- Evacuate when asked to do so
- Take your pets with you
- Help others during an evacuation
- Do not drive through flood waters
- Rescue only by throwing a floatable device

The amount of supplies you should have depends on the type and severity of the disaster. In the event of a large disaster you may need **one to two weeks worth of food and water**. Remember the grocery stores only carry a three day supply of food which will most likely be gone in a few hours.

Your supplies should include:

- Water: 1 gallon per person per day
- Non perishable canned food or commercially purchased emergency food with a mechanical can opener
- Flashlights with spare batteries
- First aid kit
- Personal hygiene items
- Prescription medications
- Sturdy shoes and gloves
- Battery or crank radio
- Tarps and duct tape
- Blankets and sleeping bags
- Extra pet food

Note: Purchases may be limited to \$\$ cash only, so keep emergency funds on hand.